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**MINDSET CURRICULUM**  
**SESSION 2024-25**  
**CLASS V**  
**MID TERM**

**Topic 1 -Olympics**

**1. When were the first modern Olympic Games held?**

- a) 1896
- b) 1900
- c) 1912
- d) 1920

**Ans A**

**2. Which city hosted the 2016 Summer Olympics?**

- a) London
- b) Rio de Janeiro
- c) Tokyo
- d) Athens

**Ans B**

**3. What do the five rings on the Olympic flag represent?**

- a) Continents
- b) Countries
- c) Sports
- d) Athletes

**Ans A**

**4. In which sport is the term 'medley' used in the Olympics?**

- a) Swimming
- b) Gymnastics
- c) Athletics
- d) Boxing

**Ans A**

**5. Which country has won the most medals in the history of the Summer Olympics?**

- a) China

- b) Russia
- c) USA
- d) Germany

**Ans C**

**6. Who is the only athlete to win Olympic gold medals in both the Summer and Winter Games?**

- a) Usain Bolt
- b) Michael Phelps
- c) Eddie Eagan
- d) Jesse Owens

**Ans C**

**7. Which of these sports is not part of the Summer Olympics?**

- a) Basketball
- b) Ice Hockey
- c) Football
- d) Tennis

**Ans B**

**8. How often are the Olympic Games held?**

- a) Every 2 years
- b) Every 4 years
- c) Every 6 years
- d) Every 8 years

**Ans B**

**9. Which of these cities has hosted the Summer Olympics twice?**

- a) Paris
- b) Tokyo
- c) Los Angeles
- d) Berlin

**Ans C**

**10. Who lights the Olympic flame at the opening ceremony?**

- a) The host country's President
- b) A famous athlete
- c) The IOC President
- d) A child from the host country

**Ans B**

**11. Which country hosted the first Winter Olympics in 1924?**

- a) Norway
- b) Switzerland

- c) France
- d) Canada

**Ans C**

**12. Which of these sports was introduced in the 2020 Tokyo Olympics?**

- a) Karate
- b) Basketball
- c) Archery
- d) Swimming

**Ans A**

**13. What is the motto of the Olympic Games?**

- a) Faster, Higher, Stronger
- b) Unity, Friendship, Peace
- c) Strength in Numbers
- d) Play Fair

**Ans A**

**14. In which year were the Olympic Games canceled due to World War II?**

- a) 1936
- b) 1940
- c) 1944
- d) Both b and c

**Ans D**

**15. Which country won the first gold medal of the modern Olympics?**

- a) Greece
- b) USA
- c) France
- d) Great Britain

**Ans B**

**16. Which Olympic event is the longest running race?**

- a) 400 meters
- b) Marathon
- c) 1500 meters
- d) 10,000 meters

**Ans B**

**17. Which of these is a Paralympic sport?**

- a) Boccia
- b) Hockey
- c) Rugby
- d) Sailing

**Ans A**

**18. In which year did women first compete in the Olympic Games?**

- a) 1900
- b) 1920
- c) 1936
- d) 1952

**Ans A**

**19. What is awarded to the athlete who finishes first in their event?**

- a) Bronze Medal
- b) Silver Medal
- c) Gold Medal
- d) Certificate

**Ans C**

**20. Which of these athletes is known for winning 8 gold medals in a single Olympic Games?**

- a) Carl Lewis
- b) Michael Phelps
- c) Mark Spitz
- d) Nadia Comăneci

**Ans B**

## **Topic 2 -States and their Capitals**

**21. What is the capital of India?**

- a) New Delhi
- b) Mumbai
- c) Kolkata
- d) Chennai

**Ans A**

**22. Which state has its capital as Bengaluru?**

- a) Maharashtra
- b) Karnataka
- c) Tamil Nadu
- d) Kerala

**Ans B**

**23. What is the capital of Maharashtra?**

- a) Mumbai
- b) Pune
- c) Nagpur
- d) Nashik

**Ans A**

**24. Which state has its capital as Hyderabad?**

- a) Andhra Pradesh.
- b) Tamil Nadu
- c) Telangana.
- d) Mumbai

**Ans C**

**25. What is the capital of Uttar Pradesh?**

- a) Lucknow
- b) Kanpur
- c) Allahabad
- d) Varanasi

**Ans A**

**26. Which capital belongs to the state of Gujarat?**

- a) Ahmedabad
- b) Gandhinagar
- c) Mumbai
- d) Pune

**Ans B**

**27. Which state has its capital as Chennai?**

- a) Tamil Nadu
- b) Kerala
- c) Karnataka
- d) Andhra Pradesh

**Ans A**

**28. Which capital belongs to the state of Madhya Pradesh?**

- a) Bhopal
- b) Indore
- c) Jabalpur
- d) Gwalior

**Ans A**

**29. Which state has its capital as Jaipur?**

- a) Rajasthan
- b) Gujarat
- c) Maharashtra
- d) Uttar Pradesh

**Ans A**

**30. Which capital belongs to the state of West Bengal?**

- a) Kolkata
- b) Mumbai
- c) Delhi
- d) Chennai

**Ans A**

**31. Identify the state whose capital is Thiruvananthapuram.**

- a) Kerala
- b) Tamil Nadu
- c) Karnataka
- d) Andhra Pradesh

**Ans A**

**32. Identify the state whose capital is Kohima.**

- a) Nagaland
- b) Manipur
- c) Mizoram
- d) Arunachal Pradesh

**Ans A**

**33. Which capital is known as the “City of Lakes”?**

- a) Udaipur
- b) Jaipur
- c) Jodhpur
- d) Bhopal

**Ans A**

**34. Which capital is located on the banks of the Ganges River?**

- a) Kolkata
- b) Patna
- c) Allahabad
- d) Varanasi

**Ans C**

**35. Which capital is known as the “Pink City”?**

- a) Jodhpur
- b) Udaipur
- c) Ajmer
- d) Jaipur

**Ans D**

**36. How many states are there in India?**

- a) 28
- b) 29

- c) 30
- d) 31

**Ans B**

**37. Which capital is also a union territory?**

- a) New Delhi
- b) Mumbai
- c) Chennai
- d) Kolkata

**Ans A**

**38. Which state has the largest number of districts?**

- a) Uttar Pradesh
- b) Maharashtra
- c) Bihar
- d) Madhya Pradesh

**Ans A**

**39. Identify the state whose capital is Chandigarh.**

- a) Punjab
- b) Haryana
- c) Himachal Pradesh
- d) Both a and b

**Ans D**

**40. Which capital is located on the banks of the Yamuna River?**

- a) New Delhi
- b) Mumbai
- c) Kolkata
- d) Chennai

**Ans A**

### **Topic 3 -Longest Rivers and Largest Lakes**

**41. Which is the longest river in the world?**

- a) Amazon
- b) Nile
- c) Yangtze
- d) Mississippi

**Ans B**

**42. The longest river in India is:**

- a) Ganga
- b) Yamuna

- c) Brahmaputra
- d) Godavari

**Ans A**

**43. Which lake is considered the largest freshwater lake in the world by surface area?**

- a) Lake Superior
- b) Lake Tanganyika
- c) Lake Victoria
- d) Caspian Sea

**Ans A**

**44. The Amazon River flows through which continent?**

- a) Africa
- b) Asia
- c) South America
- d) Europe

**Ans C**

**45. Which river is the longest in Africa?**

- a) Congo
- b) Niger
- c) Nile
- d) Zambezi

**Ans C**

**46. Which is the largest lake in India?**

- a) Chilika Lake
- b) Vembanad Lake
- c) Wular Lake
- d) Sambhar Lake

**Ans C**

**47. The longest river in North America is:**

- a) Mississippi-Missouri
- b) Yukon
- c) Colorado
- d) Rio Grande

**Ans A**

**48. Which is the longest river in Asia?**

- a) Ganges
- b) Mekong
- c) Yangtze
- d) Indus

**Ans C**

**49. The longest river in Europe is:**

- a) Volga
- b) Danube
- c) Dnieper
- d) Rhine

**Ans A**

**50. Which lake is the deepest in the world?**

- a) Lake Baikal
- b) Lake Superior
- c) Lake Tanganyika
- d) Caspian Sea

**Ans A**

**51. Which of the following rivers flows through Egypt?**

- a) Amazon
- b) Yangtze
- c) Nile
- d) Thames

**Ans C**

**52. Lake Victoria is located in:**

- a) North America
- b) Africa
- c) Europe
- d) Asia

**Ans B**

**53. Which river is known for its delta that forms the Sundarbans in India?**

- a) Yamuna
- b) Brahmaputra
- c) Ganga
- d) Godavari

**Ans C**

**54. Which river has the largest drainage basin in the world?**

- a) Amazon
- b) Nile
- c) Congo
- d) Ganges

**Ans A**

**55. Which is the longest river in South America?**

- a) Orinoco
- b) Amazon
- c) Paraná
- d) Tocantins

**Ans B**

**56. Which river flows through the city of London?**

- a) Thames
- b) Seine
- c) Danube
- d) Rhine

**Ans A**

**57. Which river is known as the "Lifeline of Egypt"?**

- a) Ganges
- b) Yangtze
- c) Nile
- d) Amazon

**Ans C**

**58. Which river in India is considered sacred by Hindus?**

- a) Godavari
- b) Ganga
- c) Krishna
- d) Narmada

**Ans B**

**59. Which river flows through the most countries in the world?**

- a) Danube
- b) Amazon
- c) Nile
- d) Yangtze

**Ans A**

**60. Which lake is known for its unique shape that resembles a crescent moon?**

- a) Lake Tanganyika
- b) Lake Tana
- c) Lake Titicaca
- d) Lake Baikal

**Ans D**

#### **Topic 4 - Nationalism**

**61. What is nationalism?**

- a) Love for animals

- b) Love for one's country
- c) Love for a particular hobby
- d) Love for famous people

**Ans B**

**62. Which of the following is a symbol of nationalism?**

- a) A comic book
- b) A national flag
- c) A toy
- d) A video game

**Ans B**

**63. What does the national anthem represent?**

- a) A popular song
- b) A story about animals
- c) A song expressing love for the country
- d) A funny tune

**Ans C**

**64. What is a national holiday?**

- a) A day off from school
- b) A day to celebrate something important for the country
- c) A day for buying gifts
- d) A day to watch TV

**Ans B**

**65. Which of these is an example of a national symbol?**

- a) A famous restaurant
- b) A country's flag
- c) A popular book
- d) A famous movie

**Ans B**

**66. Why do people celebrate their country's independence day?**

- a) To remember a historical event when the country became free
- b) To go shopping
- c) To watch movies
- d) To eat special food

**Ans A**

**67. What is a national monument?**

- a) A building where people live
- b) A place that represents a country's history or culture
- c) A place to buy clothes

d) A playground

**Ans B**

**68. Which of these is NOT a way to show nationalism?**

- a) Wearing the national flag on clothing
- b) Celebrating national holidays
- c) Ignoring country's history
- d) Singing the national anthem

**Ans C**

**69. Why might people wave their country's flag at a parade?**

- a) To show support and pride for their country
- b) To sell items
- c) To watch sports
- d) To play games

**Ans A**

**70. Which of the following can be a part of a country's cultural heritage?**

- a) National food
- b) Popular TV shows
- c) International sports
- d) Fashion trends from other countries

**Ans A**

**71. What is a national flag?**

- a) A flag that represents a country
- b) A flag used in school
- c) A flag used in company
- d) A flag that shows a specific sports team

**Ans A**

**72. What do you call a person who loves and supports their country?**

- a) A tourist
- b) A traitor
- c) A patriot
- d) A visitor

**Ans C**

**73. What is a common activity during national festivals?**

- a) Visiting a local park
- b) Watching a movie at home
- c) Attending parades
- d) Going for a shopping

**Ans C**

**74. How can historical events influence nationalism?**

- a) They provide entertainment
- b) They offer educational content
- c) They help shape national identity and pride
- d) They are only for academic study

**Ans C**

**75. How might a person show their nationalism during a national holiday?**

- a) By visiting a zoo
- b) By wearing national colours or symbols
- c) By wearing new clothes
- d) By going to a theme park

**Ans B**

**76. What do you call a person who does NOT love and support their country?**

- a) A traitor
- b) A visitor
- c) A tourist
- d) None of the above

**Ans A**

**77. What is the purpose of the national anthem?**

- a) To entertain people
- b) To advertise products
- c) To celebrate personal achievements
- d) To inspire national pride and unity

**Ans D**

**78. Who wrote our national anthem?**

- a) Rabindranath Tagore
- b) Mahatma Gandhi
- c) Sarojini Naidu
- d) All of the above

**Ans A**

**79. What is brotherhood?**

- a) To fight with the country
- b) To be a traitor
- c) To die for the country
- d) To show feeling to shared interest and support

**Ans D**

**80. Which colour combination is found in the flag of India?**

- a) Blue, red and white
- b) Orange, pink and yellow
- c) Saffron, white and green
- d) Red, purple and green

**Ans C**

### **Topic 5- Empathy based Questions**

**81. If you see a classmate sitting alone at lunch, what should you do?**

- A) Ignore them
- B) Invite them to join you
- C) Laugh at them
- D) Ask why they are alone

**Ans B**

**82. When a friend tells you they are feeling sad, what is the best response?**

- A) Tell them to cheer up
- B) Listen and ask how you can help
- C) Change the subject
- D) Ignore their feelings

**Ans B**

**83. If someone is being teased at school, what can you do?**

- A) Join in on the teasing
- B) Stand up for them and tell the bully to stop
- C) Walk away
- D) Laugh at the situation

**Ans B**

**84. How would you feel if your best friend forgot your birthday?**

- A) Happy
- B) Angry
- C) Sad and disappointed
- D) Indifferent

**Ans C**

**85. What's a good way to show support when a friend is nervous about a test?**

- A) Ignore their feelings
- B) Help them study or encourage them
- C) Tell them it doesn't matter
- D) Make fun of their worries

**Ans B**

**86. If you notice someone struggling with their backpack, what should you do?**

- A) Laugh at them
- B) Offer to help them
- C) Keep walking
- D) Tell them to be more careful

**Ans B**

**87. When someone shares their problems with you, what's an important thing to do?**

- A) Give advice immediately
- B) Listen without interrupting
- C) Change the topic
- D) Tell them to get over it

**Ans B**

**88. How can you show kindness to someone who is new in school?**

- A) Ignore them
- B) Introduce yourself and invite them to play
- C) Make fun of their clothes
- D) Avoid eye contact

**Ans B**

**89. If a friend is excited about a new hobby, how should you react?**

- A) Show disinterest
- B) Ask questions and share their excitement
- C) Tell them it's a silly hobby
- D) Change the topic to something else

**Ans B**

**90. What should you do if you see someone drop their books?**

- A) Keep walking
- B) Help them pick up their books
- C) Laugh at them
- D) Tell them to be more careful

**Ans B**

**91. When someone is feeling angry, what is the best way to respond?**

- A) Yell back at them
- B) Try to understand why they feel that way
- C) Ignore their feelings
- D) Make jokes about their anger

**Ans B**

**92. If a friend shares their fears with you, what's the best thing to say?**

- A) "That's silly!"
- B) "I understand; it's okay to feel that way."

- C) "You shouldn't be scared."
- D) "Just get over it."

**Ans B**

**93. When a teammate makes a mistake in a game, how should you respond?**

- A) Yell at them for messing up
- B) Encourage them and say it's okay
- C) Blame them for losing
- D) Ignore them

**Ans B**

**94. How can you make someone feel better when they are upset?**

- A) Tell them to stop being sad
- B) Offer a hug or kind words
- C) Leave them alone completely
- D) Talk about your own problems

**Ans B**

**95. If you overhear someone saying something mean about another person, what should you do?**

- A) Join in and agree
- B) Stand up for the person being talked about
- C) Say nothing and walk away
- D) Spread the rumor further

**Ans B**

**96. What does it mean to put yourself in someone else's shoes?**

- A) To wear their shoes
- B) To understand how they feel
- C) To ignore their feelings
- D) To criticize their choices

**Ans B**

**97. If a friend is feeling left out during a game, how can you help?**

- A) Tell them to just join in
- B) Invite them to play with you and include them
- C) Ignore their feelings
- D) Laugh at them for being left out

**Ans B**

**98. How should you react if someone tells you they are being bullied?**

- A) Tell them to deal with it themselves
- B) Encourage them to talk to an adult or seek help
- C) Laugh and say it's not a big deal

D) Ignore their problem

**Ans B**

**99. When someone shares good news with you, what should you do?**

A) Act disinterested

B) Celebrate with them and show excitement

C) Change the topic to your own news

D) Downplay their achievement

**Ans B**

**100. If your sibling is upset about something small, how should you respond?**

A) Tell them it's not a big deal

B) Listen and try to understand why they feel that way

C) Ignore them completely

D) Make fun of their feelings

**Ans B**